

WINTER 2024

PROGRAM GUIDE



www.manhattanparks.org



RENTALS

Book early for your parties, meetings, weddings, tournaments, and corporate outings! See details and applications at manhattanparks.org/rentals.

2024 Rental Permits open January 8

- Pavilions
- Athletic Fields
- Indoor Rooms
- Photo Permits



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PROGRAM LOCATIONS

Hansen Community Center
397 South State Street

Central Park
110 South Park Street

Round Barn Farm
24115 U.S. 52

Anna McDonald School
200 2nd Street

Wilson Creek School
25440 S Gougar Road

MPD Athletic Complex
13303 Smith Road

Manhattan Park District Contact Info



Hansen Community Center
397 S. State, Manhattan, IL



815.478.3324



manhattanparks.org



mpd@manhattanparks.org



facebook.com/ManhattanParks



instagram.com/manhattanparkdistrict

The Den

MPD

Before and After School Program

The Den, Manhattan Park District's Before and After school program, is a comfortable, safe, and fun place for your student to spend time with friends, get homework done, and learn new games and activities.

The Den's curriculum is rooted in engaging and encouraging growth through positive social interaction, physical movement, and activity, and learning through play.

The Den is open to all K-5th grade students in District 114 and begins at 7:00 am and ends at 6:00 pm. The program takes place at the Hansen Community Center Market in dedicated Den classroom space. Students from Anna McDonald and Wilson Creek are bused to and from school via Lincoln-Way Transportation.

Early dismissal days are available for Den aftercare students for an additional fee.

Holiday camps are also available and are held at the Hansen Community Center during Thanksgiving Break, Winter Break, and Spring Break. See page 3 for Holiday Break Camps. Check out the full details and register online for holiday camps at manhattanparks.org.

Registration for The Den takes place entirely through the Procure online system. Find more details about The Den and a link to Procure at manhattanparks.org/theden.

Contact Senia Chavez at 815.478.3324 or schavez@manhattanparks.org with any questions about The Den, early dismissal days, or holiday break camps.

Register for the Den online!



Summer Camp 2024

Summer Camp season is right around the corner! MPD Summer Camps offer a variety of options and weekly themes, including optional before and after care. Camp Chickadee offers a first camp experience for ages 3-5 years, while Camp Chipmunk and Camp Coyote are full-day camps for ages 5-8 and 9-12 years.

Watch for the full details for all our our summer camps in the Spring-Summer 2024 Program Guide coming in early March.





HOLIDAY CAMPS

Looking for a fun way to spend your holiday breaks? Play your days away at the Hansen Community Center! Each day will feature a new theme, games, and outdoor activities. Campers will enjoy holiday-themed projects and participate in various indoor and outdoor activities. Explore topics from science to art to sports and more!

Please send a peanut and tree nut-free lunch and snacks. Before and after camp care is available. Weather-appropriate shoes and coats are required.

Winter Break Camp

LOCATION: HCC MARKET

AGE: GRADES K-5

DAYS: TU-F

Class#	Dates	Camp	Time	R/NR
101600-01	12/26-12/29	Camp	9 am-4 pm	\$165/\$170
101600-02	12/26-12/29	Before care	7-9 am	\$35/\$40
101600-03	12/26-12/29	After care	4-6 pm	\$35/\$40
101601-01	1/2-1/5	Camp	9 am-4 pm	\$165/\$170
101601-02	1/2-1/5	Before care	7-9 am	\$35/\$40
101601-03	1/2-1/5	After care	4-6 pm	\$35/\$40

Spring Break Camp

LOCATION: HCC MARKET

AGE: GRADES K-5

3-DAY CAMP: TU, W, TH

5-DAY CAMP: M-F

Class#	Dates	Camp	Time	R/NR
101620-01	3/26-3/28	3-day Camp	9 am-4 pm	\$125/130
101620-02	3/26-3/28	Before care	7-9 am	\$35/40
101620-03	3/26-3/28	After care	4-6 pm	\$35/40
101621-01	3/25-3/29	5-day Camp	9 am-4 pm	\$175/180
101621-02	3/25-3/29	Before care	7-9 am	\$45/50
101621-03	3/25-3/29	After care	4-6 pm	\$45/50

POWERPLAY!

energizing today's youth through *health, nutrition & fitness*



MPD is a proud recipient of the 2023 Illinois Association of Park Districts (IAPD) PowerPlay! Beyond School Grant to enhance our Den programming. PowerPlay! provides additional funding to enhance the health, nutrition, fitness, and wellness programming in the Den, including guest expert presenters, cooking lessons, fitness classes, STEM activities, and more.

Funding and materials for this program are provided through the sale and subsequent renewals of the Park District Youth License Plate and through Friends of Illinois Parks.



JOIN THE DRIVE TO FIGHT CHILDHOOD OBESITY

Childhood obesity has reached epidemic proportions. Illinois park districts, forest preserves, conservation, recreation and special recreation agencies are coming together to ensure a healthy, happy and safe future for kids. The Park District Youth License Plate makes it possible for agencies to offer programs that teach children lifelong health, fitness and nutritional choices.

Toll Free: **1-877-783-KIDS** - www.4KIDSplate.com

IAPD
Illinois Association of Park Districts

CENTRAL PARK ICE RINK

open when weather allows



Green Flag

Skating is allowed



Red Flag

Skating is not allowed

Check ice status at bit.ly/MPDIceRink



SPRING 2024 LEAGUES

**DEADLINE:
FEBRUARY 16**



See pages 14-15 for
full league details.

Register online at
manhattanparks.org



All dance programs take place in the HCC Market Dance Studio. All MPD Dance programs are instructed by Jenn Raleigh.

RECITAL INFO

Dance program will culminate in an annual recital at Lincoln-Way West High School on Sunday, May 5, 2024 (mandatory rehearsal on Thursday, May 3, 2024). Dancers must be registered and participate in Fall Session II and Winter Session I to participate in the recital. Additional fees for the recital and costumes will be assessed in the late fall/winter.

DANCE

Boogie Time

Get your groove on! This 30-minute class is designed for children ages 1-3 years old, along with mom, dad, or a guardian. The class will allow participants to discover movement, balance, rhythm and listening skills in a fun and easy way. The class covers basic stretches, balance, ballet steps, and movement across the floor. Participants should wear comfortable clothing and gym shoes. No fee for infant siblings under the age of one year old. No Class, 2/20, 3/5 3/26.

AGE: 1-3 YEARS DAY: TU

Class#	Dates	Time	R/NR
112102-01	2/6-4/30	11:15-11:45 am	\$82/\$87

Beginning Dance

AGE: 3-5 YEARS

Young dancers will get a taste of ballet and other dance forms through play-based and formal exercises in this 30-minute class. Each class will feature basic steps and ways to move across the floor, short choreography combinations, and a movement game. Dancers must be toilet-trained prior to class registration. Please bring a water bottle to each class.

Non-recital Class: Did your tiny dancer miss the age cut-off for the Fall II session? We have added a non-recital class for you (Class #107111-04)! No Class Mondays 2/19, 3/4, 3/25. No Class Tuesdays, 2/20, 3/5, 3/26.

Class#	Dates	Day	Time	R/NR
107111-01	2/5-4/29	M	4:30-5 pm	\$82/\$87
107111-02	2/6-4/30	TU	5:30-6 pm	\$82/\$87
107111-03	2/6-4/30	TU	6-6:30 pm	\$82/\$87
107111-04*	2/6-4/30	TU	4-4:30 pm	\$82/\$87 *Non-recital class

Ballet-Modern Jazz Combo

DAY: M

Young dancers will get a taste of all dance styles and techniques in this class. Dancers are encouraged to maintain their skills and to have fun as we learn steps and choreography at the ballet barre, across the floor, and in the center. This class is open to new and continuing dancers. Please bring a water bottle and wear comfortable clothing and bare feet, grippy socks, dance shoes, or gym shoes to class. No Class 2/19, 3/4, 3/25.

Class#	Age	Dates	Time	R/NR
107100-01	5 years	2/5-4/29	5-5:45 pm	\$95/\$100
107100-02	6 & up	2/5-4/29	5:45-6:30 pm	\$95/\$100

DANCE

Modern Jazz-Hip Hop Combo

AGE: 7-10 YEARS DAY: M

Young dancers will get a taste of all dance styles and techniques in this class. Dancers are encouraged to maintain their skills and to have fun as we learn steps and choreography at the ballet barre, across the floor, and in the center. This class is open to new and continuing dancers. Please bring a water bottle and wear comfortable clothing and bare feet, grippy socks, dance shoes, or gym shoes to class. No Class 2/19, 3/4, 3/25.

Class#	Dates	Time	R/NR
107104-01	2/5-4/29	6:30-7:15 pm	\$95/\$100

Ballet Technique

AGE: 7 & UP DAY: TU

Dancers will be immersed in ballet steps, positions, jumps, and traveling combinations in this 45-minute class. Participants develop good posture, grace, strength, and fluidity through this work, as well as coordination and self-esteem! Please bring a water bottle and wear comfortable clothing and bare feet, grippy socks, dance shoes, or gym shoes to class. No Class 2/20, 3/5 3/26.

Class#	Date	Time	R/NR
107101-01	2/6-4/30	4:30-5:15 pm	\$95/\$100

Hip Hop

AGE: 10 & UP DAY: TU

Break, pop, lock, and moonwalk your way into learning hip-hop steps and choreography. Dancers will learn fun street vibe dances set to songs they will choose throughout the session! Please bring a water bottle to class and wear comfortable clothing and gym shoes. No Class, 2/20, 3/5 3/26.

Class#	Date	Time	R/NR
107103-01	2/6-4/30	6:30-7:15 pm	\$95/\$100



Irish Dance

LOCATION: SULLIVAN SCHOOL OF IRISH DANCE
13923 E ILLINOIS HWY, NEW LENOX

AGE: 4-10 YEARS DAY: M
INSTRUCTOR: EILISH SULLIVAN

Irish dancing is an art form that children love to learn. Boys and girls will discover the basics of Irish Dance, learning the proper techniques of movement set to the rhythm of Irish music. They will not only learn new steps, but they will make lifelong friends in the process. Program attire consists of basic dance shoes and flexible clothing. No Class 2/19.

Class#	Dates	Time	R/NR
107130-01	1/22-2/26	4-4:30 pm	\$72/\$77



EARLY CHILDHOOD & FAMILY

Music Together

LOCATION: HCC MARKET STUDIO AGE: 0-5 YEARS
DAY: TU INSTRUCTOR: LORI FOSTER, MUSIC TOGETHER

Nurture your child's natural enthusiasm for music and movement with Music Together®! It is a fun, engaging, and musically diverse experience. The informal instructional style will soon have your entire family singing, dancing, and laughing together! Siblings under 8 months are free! Each family receives an illustrated songbook, a guide entitled "Music and Your Child", a professional CD, and exclusive code for downloading or streaming the current collection and access to additional musical activities in the exclusive Family Music Zone®. A new and exciting song collection is introduced every semester, which enrolled families can also play through the free Hello Everybody! mobile app. 50% sibling discount. Children must be accompanied by an adult.

Class#	Dates	Time	R/NR
107300-01	1/9-3/12	9-9:45 am	\$170/\$175
107300-02	1/9-3/12	10-10:45 am	\$170/\$175
207301-01	3/26-5/21	9-9:45 am	\$155/\$160
207301-02	3/26-5/21	10-10:45 am	\$155/\$160

Doodlebugs

LOCATION: HCC MARKET AGE: 2-5 YEARS
DAY: F INSTRUCTOR: MPD STAFF

Get crafty with this hands-on arts and crafts class where participants will be able to explore a variety of mediums including drawing, painting, stamping, holiday crafts, and more! Budding artists must be accompanied by an adult. No fee for infant siblings under the age of 1. Dress to get messy!

Class#	Dates	Time	R/NR
112001-01	1/12-2/2	10-10:45 am	\$20/\$25
112001-02	2/16- 3/8	10-10:45 am	\$20/\$25

Winter Pollywogs Playday



LOCATION: HCC VILLA
AGE: 1 - 5 YEARS DAY: W

Explore the great outdoors in Winter and early Spring! With new play days, we can have Pollywog fun all year long. Crafts in Winter? Yes. Nature Lesson and Stories in Winter? Yes! Outdoor adventures in Winter? YES! Join us in the Hansen Community Center to warm up.

Class#	Dates	Time	R/NR
110000-01	3/20	9:30-10:30 a	\$7/\$12

Looking for more youth programs?

- Tumbling: Page 11
- Youth Athletics: Pages 12-15
- Easter Egg Hunt: Page 17

YOUTH

YumAppetit Cooking Academy

LOCATION: HCC VILLA AGE: 3-11 YEARS DAY: W
INSTRUCTOR: MACKENZIE O'CONNOR & MATTHEW AVANZADO

YumAppetit Cooking Academy has arrived! Celebrate the food of winter and spring holidays with Mackenzie and Matthew, a trained chef, by cooking up a party in this program. This academy is the perfect place for your flourishing chef to develop their culinary skills. Students will explore the world of food and practice kitchen skills including measuring, mixing, and assembling seasonal treats and snacks. Parents of 3-5 year olds must stay with their child during class. Please bring an apron or wear clothes that can get messy.

Class#	Date	Menu	Time	R/NR
111300-01	2/7	Valentine Flavors	6-7 pm	\$25/\$30
111300-02	3/6	St. Patrick's Taste	6-7 pm	\$25/\$30

Magic Class

AGE: 5-12 YEARS INSTRUCTOR: GARY KANTOR
LOCATION: FRANKFORT PARK DISTRICT
FOUNDERS COMMUNITY CENTER

MAGIC CLASS! Children are guaranteed to have a great time as they learn a collection of fascinating and mesmerizing tricks from the "Magic Team of Gary Kantor"! Amaze family and friends with tricks that involve cards, ropes, coins, mind-reading, and more. All materials are provided, and each child receives a magic kit to take home. Children are grouped by age and always learn tricks that are age-appropriate. Additionally, you can sign up for this class again and again since brand-new tricks are always taught at each session!

Class#	Date	Day	Time	R/NR
111003-01	2/13	TU	5-5:55 pm	\$22/\$27
211003-01	4/18	TH	5-5:55 pm	\$22/\$27

Painting with Tracie



LOCATION: HCC VILLA DAY: F
INSTRUCTOR: PAINTING WITH TRACIE

Have you ever wanted to try your hand at painting but don't know where to start? Tracie can help with easy-to-follow step-by-step instructions to create your masterpiece. This class is perfect for the budding artist looking to try their hand at something new or a group looking for a fun night out. All painting supplies will be provided.

Class#	Date	Time	Age	Subject	R/NR
110205-01	1/19	7-8 pm	6-11 years	Yeti	\$26/\$31
110205-02	2/16	7-8:30 pm	11-15 years	Wolf	\$26/\$31
110205-03	3/15	7-8:30 pm	16 & up	Rain	\$26/\$31



Horseback Riding Lessons

LOCATION: NOVA QUARTER HORSES
AGE: 7 & UP

Get up and go! It's time to ride at Nova Quarter Horses! Fun for all ages at any riding level, no previous experience is needed. Come out to learn both Western and English disciplines taught by our highly qualified trainers and instructors. We offer both an indoor and outdoor arena, so Nova can offer lessons year-round. A 5-lesson card includes 5 individual one-hour group lessons. Helmets are available at the parent's request. Once your lesson card is purchased, call Nova to schedule your lessons at (708) 479-3696. There is a limit of one 5-lesson card per family. Jeans and boots or hard-soled shoes are required.

Class#	R/NR
111106-01	\$260/\$265

YOUTH

Kids Night Out

LOCATION: HCC MARKET AGE: 6-12 YEARS DAY: SA

Beat the humdrum and doldrums of late winter, and let your child have a fun night out. Are you looking for a fun and exciting way to spend time with your friends? Dodgeball and Uno are great ways to get active and have some friendly competition. Play an all-out uno tournament, have a snack, make a massive paper airplane to race, and play a few rounds of dodgeball.



Class#	Date	Time	R/NR
110300-01	3/16	6-8:30 pm	\$15/\$20

Birthday Parties

CREATE AN UNFORGETTABLE BIRTHDAY WITH OUR THEMED BIRTHDAY PARTIES! JUST INVITE THE GUESTS, ORDER FOOD, AND LEAVE THE REST TO US!

CHOOSE FROM ONE OF FOUR THEMES:

ARTS & CRAFTS

NATURE FUN

**NATURE
ADVENTURE**

DODGEBALL

SEE PAGE 18 FOR FULL PARTY DETAILS.
CONTACT EVAN AT 815.478.3324 OR
EVOGT@MANHATTANPARKS.ORG WITH QUESTIONS.

TUMBLING

Tumbling Tots

AGE: 3-5 YEARS DAY: W LOCATION: HCC MARKET STUDIO
INSTRUCTOR: ULTIMATE FORCE CHEER & TUMBLE

This introductory class provides children with the opportunity to explore and experiment with their bodies and abilities all on their own, but still have the guidance and support of parents and instructors leading the way. Children will have the chance to listen, learn, and explore in this fun introductory class. All children under 5 years old MUST start in this class before moving up to Level 1.

Class#	Dates	Time	R/NR
105130-01	1/10-2/7	4:30-5:20 pm	\$115/\$120
105130-02	2/21-3/20	4:30-5:20 pm	\$115/\$120

Tumbling Level 1

AGE: 6-12 DAY: W LOCATION: HCC MARKET STUDIO
INSTRUCTOR: ULTIMATE FORCE CHEER & TUMBLE

Level 1 tumbling is the perfect class for beginners of all ages. This class will focus on beginning skills such as cartwheels, bridges, forward and backward rolls, handstands, bridge kickovers, walkovers, handstand rolls, and round-offs.

Class#	Dates	Time	R/NR
105131-01	1/10-2/7	5:30-6:20 pm	\$115/\$120
105131-02	2/21-3/20	5:30-6:20 pm	\$115/\$120

Tumbling Level 2

AGE: 6-12 DAY: W LOCATION: HCC MARKET STUDIO
INSTRUCTOR: ULTIMATE FORCE CHEER & TUMBLE

Level 2 Tumbling is for the athlete who has their level 1 skills mastered and is ready to take the next step. Level 2 skills include back handsprings, step-outs, and round-offs, and begins to work these skills into both standing and walking combinations.

Class#	Dates	Time	R/NR
105132-01	1/10-2/7	6:30-7:20 pm	\$115/\$120
105132-02	2/21-3/20	6:30-7:20 pm	\$115/\$120

Cheer 101

AGE: 5 -12 DAY: TH LOCATION: HCC VILLA
INSTRUCTOR: ULTIMATE FORCE CHEER & TUMBLE

Want to be a cheerleader? This class will focus on the fundamentals of beginner cheerleading. Learn the proper techniques using fun activities and drills for arm motions, jumps, basic stunting, and dance. Class ends with participants learning a short cheer routine incorporating the skills learned in class. This is NOT a cheer competition team but is a great way for aspiring cheerleaders to learn the basics before moving to the sidelines or entering a competitive team.

Class#	Age	Dates	Time	R/NR
105133-01	5-8 years	1/11-2/8	5:30-6:30 pm	\$115/\$120
105133-02	9-12 years	1/11-2/8	6:30-7:30 pm	\$115/\$120
105133-03	5-8 years	2/22-3/21	5:30-6:30 pm	\$115/\$120
105133-04	9-12 years	2/22-3/21	6:30-7:30 pm	\$115/\$120



Welcome to our Tumbling program:
Ultimate Force Cheer & Tumble!

Instructor/Owner Kim Scherp has been coaching cheerleading and tumbling for over 30 years. Kim was a professional Chicago Bulls cheerleader and the coach for the Jr. Luvabulls dance program. Since then Kim has gone on to teach cheer and tumbling to children of all ages and skill levels, from pure beginners to competitive high school cheerleading teams, performing at the Citrus Bowl and winning numerous National and Grand National titles along the way!

YOUTH ATHLETICS

Floor Hockey

LOCATION: WILSON CREEK DAY: M
INSTRUCTOR: MPD STAFF

The floor hockey program is designed for beginner and intermediate players. Players will learn and develop fundamental hockey skills, such as stick handling, passing, and shooting, through a variety of drills, games, and scrimmages. Participants should wear athletic clothing and gym shoes and bring a water bottle to each class. No class 1/15, 2/19, 3/4.

Class#	Age	Dates	Time	R/NR
105112-01	4-6 years	1/8-2/5	5:30-6:15 pm	\$26/\$31
105112-02	7-12 years	1/8-2/5	6:30-7:30 pm	\$31/\$36
105112-03	4-6 years	2/12-3/18	5:30-6:15 pm	\$26/\$31
105112-04	7-12 years	2/12-3/18	6:30-7:30 pm	\$31/\$36

Karate

LOCATION: HCC VILLA DAY: TU
INSTRUCTOR: SENSEI PEGGY MITCHELL AGES: 5-14 YEARS

Learn karate with Sensei Peggy Mitchell, a nationally and internationally certified martial arts instructor with a master's rank. Karate is an art of self-defense, where discipline and self-control are emphasized. This class touches on jiu jitsu, taekwondo and goju. Progression from one belt to the next is determined by tracking training hours as well as performance. Please bring a water bottle to class. Note: Beginner and Advanced classes are taught at the same time so younger learners can watch and learn from the older students.

Class#	Date	Time	R/NR
105110-01	1/9-2/6	6-7 pm	\$35/\$40
105110-02	2/20-3/19	6-7 pm	\$35/\$40

Winter Baseball Camp

LOCATION: WILSON CREEK GYM DAY: TU
INSTRUCTOR: MPD STAFF

Spring training is right around the corner! Get your child ready for the upcoming Baseball season with this winter tune-up that teaches the fundamentals of fielding, catching, throwing, hitting, and base running. Prepare for the upcoming season and make new friends with this great winter program! Note: Parent participation is encouraged for 4-6yr. All ages must provide their own glove. No cleats, sneakers only. Age group determined by player's age as of 4/30/24.

Class#	Age	Dates	Time	R/NR
105113-01	4-6 years	2/20-3/19	5:30-6:15 pm	\$38/\$43
105113-02	7-8 years	2/20-3/19	6:30-7:30 pm	\$38/\$43
105113-03	9-12 years	2/20-3/19	7:30-8:30 pm	\$38/\$43



Winter Soccer Camp

LOCATION: WILSON CREEK GYM DAY: TH
INSTRUCTOR: MPD STAFF DATES: 2/22-3/21

Get off on the right foot for the Spring season with this great program for both beginners and intermediate players. Focusing on dribbling, passing, shooting, and ball control, this class will work on fundamental skills to get ready for the upcoming season. No cleats indoors! Regular gym shoes only! Players register based on their 2023/24 school grade.

Class#	Age	Time	R/NR
105114-01	Grades 1-2	5:30-6:30 pm	\$38/\$43
105114-02	Grades 3-4	6:30-7:30 pm	\$38/\$43
105114-03	Grades 5-8	7:30-8:30 pm	\$38/\$43

Youth Athletics

Skyhawks Beginning Golf

LOCATION: WILSON CREEK GYM DAY: TU
INSTRUCTOR: SKYHAWKS SPORTS ACADEMY

Skyhawks Beginning Golf is powered by Payne Stewart Golf Experiences, the recommended entry-level golf program for beginners and novices alike. The unique, games-based play program and modified learning equipment make it easier for kids to hit the ball and experience early success. Putting, chipping, pitching, and full swing, are all taught through games, simple repetitive motions, and learning rhymes that make it easy for young kids to remember and repeat. Specially designed, age-appropriate golf equipment is provided.

Class#	Age	Dates	Time	R/NR
105140-01	5-8 years	1/9-2/6	5:30-6:30 pm	\$80/\$85
105140-02	9-12 years	1/9-2/6	6:30-7:30 pm	\$80/\$85

Skyhawks Volleyball

LOCATION: ANNA MCDONALD GYM DAY: W
INSTRUCTOR: SKYHAWKS SPORTS ACADEMY

Skyhawks Volleyball takes the energy and excitement of this great team sport and puts it all together into one fun-filled program. All aspects of the game are taught through drills and exercises that focus on bumping, setting, spiking, hitting, and serving. This program is designed for the beginning to intermediate players.

Class#	Age	Date	Time	R/NR
105122-01	5-8 years	1/10-2/7	5:30-6:30 pm	\$80/\$85
105122-02	9-12 years	1/10-2/7	6:30-7:30 pm	\$80/\$85
105122-03	5-8 years	2/21-3/20	5:30-6:30 pm	\$80/\$85
105122-04	9-12 years	2/21-3/20	6:30-7:30 pm	\$80/\$85

Pee Wee Multi Sport

AGES: 3-6 YEARS INSTRUCTOR: MPD STAFF

This class will introduce children to a variety of sports through fun and engaging drills and games emphasizing balance, body movement, hand-eye coordination, listening, and following directions. Participants should wear comfortable clothes, and athletic shoes and should bring a water bottle with them to each class. Each week we will play a different sport. This class includes parent participation. No class 1/15, 2/19, 3/4.

Class#	Day	Dates	Time	Location	R/NR
105108-01	M	1/8-2/5	9:30-10:15 am	HCC Market	\$32/\$37
105108-02	SA	1/13-2/10	10-10:45 am	Wilson Creek Gym	\$40/\$45
105108-03	M	2/12-3/18	9:30-10:15 am	HCC Market	\$32/\$37
105108-04	SA	2/24-3/23	10-10:45 am	Wilson Creek Gym	\$40/\$45

Skyhawks Flag Football

LOCATION: WILSON CREEK GYM
DAY: TH DATES: 1/11-2/8
R/NR: \$80/\$85
INSTRUCTOR: SKYHAWKS SPORTS ACADEMY

Experience the excitement of football with Skyhawks Flag Football Fueled by USA Football. Using a curriculum developed by experts from USA Football, coaches will teach skills like passing, receiving, kicking, and flag-pulling. Participants will gain confidence and learn important life lessons in a fun, positive environment. Participants should bring a water bottle and wear appropriate athletic attire.

Class	Ages	Time
105141-01	4-6 years	5:30-6:30 pm
105141-02	7-9 years	6:30-7:30 pm
105141-03	10-12 years	7:30-8:30 pm

Youth Multi Sport

LOCATION: WILSON CREEK GYM
DAY: SA AGES: 7-12 YEARS
INSTRUCTOR: MPD STAFF R/NR: \$40/\$45

This class will introduce children to a variety of sports through fun and engaging drills and games emphasizing balance, body movement, hand-eye coordination, listening, and following directions. Participants should wear comfortable clothes, and athletic shoes and should bring a water bottle to each class.

Class	Dates	Time
105109-01	1/13-2/10	11-11:45 am
105109-02	2/24-3/23	11-11:45 am

YOUTH LEAGUES

Basketball League
Registration Deadline:
December 21



Volunteer Coaches
are needed!

Coaches receive a 10% rebate on registration fees. Contact Jake at 815.478.3324 or jkaplan@manhattanparks.org.

Soccer League
Registration Deadline:
February 16



Instructional
3v3 Basketball
League



LOCATION: WILSON CREEK GYM DAY: SA

Join us for this instructional 3v3 coed Basketball League, designed to combine skill development with gameplay to help players maximize their time on the court. Each week, MPD Staff and volunteer parent coaches will lead players through age-appropriate practice sessions before splitting into teams for organized 3v3 gameplay against different opponents each week.

Players should register for the age division of their current school grade. All players will receive a shirt and participation medal. Volunteer coaches are needed! Volunteer coaches receive a 10% discount on registration fees, issued after the start of the season. Registration deadline is 12/21/23.

Class#	Age	Dates	Time	R/NR
104101-01	Grades 1-2	1/20-3/9	12:30-1:30 pm	\$120/\$125
104101-02	Grades 3-4	1/20-3/9	2-3 pm	\$120/\$125
104101-03	Grades 5-6	1/20-3/9	3:30-4:30 pm	\$120/\$125



MANHATTAN PARK DISTRICT
MAVERICKS
SOCCER
Mavericks
Soccer League

PRACTICE LOCATION: MPD ATHLETIC COMPLEX

This recreational league focuses on teaching fundamental skills to beginner and novice youth players ages pre-K to 8th Grade. Utilizing small-sided games, this program is designed to maximize opportunities for touches on the ball and active playing time for each player. Teams begin practicing at the start of April followed by an 8-game season. Games are played on Sundays and practices are held on weekdays, scheduled by the team coaches. Age 4-K teams will play a completely in-house schedule in Manhattan only. All other divisions will compete against teams from Manhattan and neighboring communities. Grades 1-8 divisions will require local travel for away games.

Class#	Age	R/NR
204103-01	4 years-K	\$90/\$95
204103-02	Grades 1-2	\$120/\$125
204103-03	Grades 3-4	\$120/\$125
204103-04	Grades 5-6	\$120/\$125
204103-05	Grades 7-8	\$120/\$125

YOUTH LEAGUES



MPD T-ball League

LOCATION: MPD ATHLETIC COMPLEX
AGES: 4-6 YEARS

Join our co-ed instructional T-ball league! This league teaches the fundamentals to inspire all young players, as well as help develop the next level of baseball and softball skills. Practices begin in April, followed by 8 weeks of games beginning in late April. Players receive a uniform, hat, and end-of-season medal. Participants supply their own glove. The age cutoff date is 8/31/23.

Class#	R/NR
204102-01	\$80/\$85



Youth Baseball League

PRACTICE LOCATION: CENTRAL PARK & ROUND BARN FARM

MPD will return to the Route 66 League for another spring season of recreational youth co-ed baseball! Teams begin practicing in April, followed by a 10-15 game regular season and playoffs. Teams practice during the week, on a day and time determined by the team's volunteer coaches. Games schedules vary and games can take place any day Monday through Saturday. All divisions will require local travel for away games to Elwood, Wilmington, Coal City, and Braidwood.

Players should register for the age division based on the player's age as of 4/30/24. Registration deadline is 2/16.

Class#	Division	Age	R/NR
204101-01	Pinto	7-8 years	\$160/\$165
204101-02	Mustang	9-10 years	\$160/\$165
204101-03	Bronco	11-12 years	\$160/\$165

Baseball/T-ball League
Registration Deadline:
February 16

Volunteer Coaches are needed!

Coaches receive a 10% rebate on registration fees. Contact Jake at 815.478.3324 or jkaplan@manhattanparks.org.



Youth League FAQ's

Q: When will my practice be?

A: Practice days and times are set by team coaches. Once team coaches have been assigned and have scheduled their practices, players will be notified.

Q: How do I volunteer to be a coach?

A: Contact Jake Kaplan at jkaplan@manhattanparks.org or 815.478.3324. Volunteer coaches will receive a 10% refund on their league fees once selected as a coach.

Q. Can I request a team/coach?

A. No. Rosters are randomly selected, although we will attempt to honor one carpool request if possible.



FITNESS

Yoga

LOCATION: HCC MARKET STUDIO DAY: M
INSTRUCTOR: JENN RALEIGH AGE: 16 & UP

Turn your mind off after a long day and take care of yourself with the mental and physical benefits of our Yoga classes with instructor Jenn Raleigh! Students will gain strength, flexibility, focus, and stamina through active Vinyasa flows and postures in this practice. Each participant will be encouraged to move to their own rhythm and breathe throughout each class. Please bring a sticky mat and water to each class. No Class 2/19, 3/4.

Class#	Dates	Time	R/NR
106500-01	1/15-3/18	7:30-8:30 pm	\$66/\$71

Pilates-Barre Blend

LOCATION: HCC MARKET STUDIO DAY: TU
INSTRUCTOR: JENN RALEIGH AGE: 16 & UP

This Pilates and Barre hybrid class will bring intensive muscle stretch and strengthening techniques, as well as postural alignment to all participants through classical Pilates mat work, in combination with exercises using the ballet barre. No dance experience necessary. Please bring a water bottle, mat and bare feet or sticky socks to class. Walk-Ins are available for \$10/class, only if class is running. Limited mats are available. No class 2/20, 3/5.

Class#	Dates	Time	R/NR
106501-01	1/16-3/19	7:30-8:30 pm	\$66/\$71

Gentle Chair Yoga

LOCATION: HCC VILLA
DAY: TU AGES: 50 & UP
INSTRUCTOR: MARCELLA PUGA

Join instructor Marcella Puga in this gentle chair-based yoga class that is perfect for those who struggle with mobility issues. Students improve their strength, flexibility, and mobility, and avoid injury by using gentle stretches, adapted seated yoga poses, and controlled meditative breathing techniques. Reduce stress and build confidence in performing normal daily activities. Walk-ins are welcome at the door only if the class is running, \$10/class. Free demo class on 1/9. Registration is required.

Class	Dates	Time	R/NR
106509-01	1/9	9:30-10:30 am	FREE
106509-02	1/16-3/19	9:30-10:30 am	\$90/\$95

Total Body Workout

LOCATION: HCC MARKET STUDIO DAY: TH
INSTRUCTOR: CARISSA PAVLIK AGES: 18 & UP



A combination of choreographed cardio kickboxing and foundational strength training with weighted bars, this full-body experience will leave you sweating, smiling, and excited to come back for more! Each class includes a warm-up and cool-down stretching component to help prevent injury. Perfect for all ages and fitness levels. Participants should bring a towel, water bottle, and yoga mat. Limited weight bars are available, please feel free to bring your own. Walk-ins - \$13/class. Free demo class on 1/11. Registration is required.

Class#	Dates	Time	R/NR
106510-01	1/11	6-7:15 pm	FREE DEMO CLASS
106510-02	1/18-3/7	6-7:15 pm	\$110/\$115

ADULT PROGRAMS

Euchre Night

LOCATION: HCC VILLA AGE: 16& UP DAY: F



Sign up with a partner, friend, relative, or whomever, and come out to the Hansen Community Center for a chance at glory and a whole lot of fun. Make friends and find others who love a good game of cards. Refreshments will be available, and a bracket will be made before everyone arrives. Winners receive a medal. Registration is on a per-team basis.

Class#	Date	Time	R/NR
110310-01	2/23	6-8:30 pm	\$22/\$27 per team

Manhattan Luncheons

Join the Village of Manhattan, Manhattan Township, and the Manhattan Park District for lunch and an engaging presentation. Please RSVP to slewis@villageofmanhattan.org. Open to residents of Village of Manhattan, Manhattan Township, and Manhattan Park District residents ages 55 and over.

Manhattan Luncheon Dates

December 6, 2023

March 27, 2024

EVENTS

Easter Egg Hunt

LOCATION: CENTRAL PARK MAIN PAVILION
DAY: SA AGES: 2-10 YEARS

The Bunny is back and so are the eggs! Bring your basket to hunt for eggs hidden away at Central Park. Children must be accompanied by an adult. This event is free, but registration is required, and space is very limited. Register early!

Class#	Date	Time
113000-01	3/23	9 am
113000-02	3/23	10 am



See page 9
for adult painting



BIRTHDAY PARTIES

NEW

Create an unforgettable birthday with our themed birthday parties! Just invite the guests, order food, and leave the rest to us! All parties are filled with a variety of games and activities and include:

- 2-hour party for up to 16 guests
- Party room or pavilion and tables
- Party host
- Plates, napkins, and utensils
- Table coverings (unless outdoors)
- Basic Decorations

Additional guests can be added for \$5 per person. Registration is required at least three weeks in advance. Parties are held at the Hansen Community Center or Round Barn Farm. Parties are available Friday - Sunday 11 am-1 pm, 2-4 pm, or 5-7 pm based on the type of party and availability. Parties at Round Barn Farm are not available November- April. For more information, please call 815.478.3324.



Arts & Crafts Party

LOCATION: HCC MARKET AGE: 5-12 YEARS
R/NR: \$200/\$225

Invite your friends to a fun Arts and Crafts Party! The Birthday Child can choose one of the following art projects: create and craft keepsake boxes, paint a ceramic cupcake, or decorate flowerpots. These completed projects make a great party favor. Following the craft, there will be time in the party room for food, cake, and gifts.

Nature Fun Party

LOCATION: ROUND BARN BAKER PAVILION
AGE: 5-7 YEARS R/NR: \$200/\$225

Have fun in the outdoors with a nature party at the Round Barn! We will go for an adventure discovery hike around the grounds of the Round Barn and make a themed craft. Pick your preferred adventure: flying animals, furry beasts, or creepy crawlers!

Nature Adventure Party

LOCATION: ROUND BARN BAKER PAVILION
AGE: 8-12 YEARS R/NR: \$200/\$225

Outdoor adventure abounds! Join our party host for an adventure party at Round Barn Farm. Your party includes one hour of outdoor adventure and play followed by an hour for gifts, cake, and party fun. Learn outdoor skills and make an outdoor-themed craft.

Dodgeball Party

LOCATION: HCC MARKET
AGE: 5-12 YEARS R/NR: \$200/\$225

You bring your friends and we'll bring the fun! Dodge, duck, and discover new and exciting ways of playing dodgeball. You'll have time for cake and gifts in the party room, after an exciting and active hour of play.



2024 ADULT TRIPS

Hawaiian Adventure

March 19-27 (9 days)

Say Aloha to a Hawaiian Adventure! This trip begins with a 3-night stay in Honolulu with tours of the city, a visit to Pearl Harbor, and of course, plenty of free time for the pool, beach, golf, or more exploring. Next, fly to the big island to visit Hawaii Volcanos National Park, explore Kona, and soak up more sun. On Day 6, fly to Maui for a three-night stay, exploring the historic whaling village and Maui hotspot Lahaina, relaxing at the pool, beach or golf course, and visiting Mount Haleakala National Park. Your trip culminates with a Hawaiian Luau featuring traditional food, dancing, and music. View the full trip itinerary at manhattanparks.org.



Your trip includes: round trip airfare, 8 nights accommodations, sightseeing and tours per itinerary, admissions per itinerary, 8 breakfasts & 3 dinners, hotel transfers, professional tour director, motor coach transportation, and baggage handling at hotels. A deposit of \$400 is required at the time of registration. The remaining balance will be invoiced and paid to Premier World Discovery travel company. All adult trips are run by Premier World Discovery travel company. All trips depart from Midway Airport. Transportation to the airport is not provided. Optional Travel Protection Plan is available for \$325. All trip deposits are due 6 months in advance. \$100 discount if full payment is received before the final due date.



<u>Class#</u>	<u>Dates</u>	<u>Fee</u>
208504-01	3/19-3/27	\$5525

TRIP HIGHLIGHTS:

- 3 NIGHTS IN HONOLULU
- 2 NIGHTS ON THE BIG ISLAND
- 3 NIGHTS ON MAUI
- 3 ISLAND TOURS
- 2 NATIONAL PARKS
- PEARL HARBOR
- BLACK SAND VOLCANIC BEACH
- KAILUA KONA
- IAO NEEDLE
- LAHAINA VILLAGE
- LUAU



Canadian Rockies & Glacier National Park

August 4-10 (7 days)

Explore the majestic Canadian Rockies and Glacier National Park during this 7-day trip. After arriving in Calgary, travel south to visit Head-Smashed-In Buffalo Jump, a UNESCO World Heritage Site. Travel to Glacier National Park to board a 1930's Red Jammer Touring Car for a ride over the Going-to-the-Sun Highway, acclaimed as one of the most beautiful roadways in the world. Visit the Kalispell/Whitefish area of Montana, British Columbia, and Kootenay National Park. Travel north along the Icefields Parkway, situated between Lake Louise and Jasper, and Moraine Lake & Lake Louise. End the trip at a Farewell Dinner with your fellow travelers in the Banff area. View the full trip itinerary at manhattanparks.org.

Your trip includes: round trip airfare, 6 nights accommodations, sightseeing per itinerary, admissions per itinerary, 6 breakfasts & 3 dinners, hotel transfers, professional tour director, motor coach transportation, and baggage handling at hotels. A deposit of \$400 is required at the time of registration. The remaining balance will be invoiced and paid to Premier World Discovery travel company. All adult trips are run by Premier World Discovery travel company. All trips depart from Midway Airport. Transportation to the airport is not provided. Optional Travel Protection Plan is available for \$375. All trip deposits are due 6 months in advance. \$100 discount if full payment is received before the final due date.

<u>Class#</u>	<u>Dates</u>	<u>Fee</u>
308005-01	8/4-8/10	\$3899

TRIP HIGHLIGHTS:

- 3 NIGHTS IN BANFF
- 1 NIGHT IN CALGARY
- 1 NIGHT IN GLACIER NAT'L PARK
- 1 NIGHT IN KALISPELL/WHITEFISH
- NATIONAL PARKS
- BANFF GONDOLA
- ICEFIELDS PARKWAY
- HEAD-SMASHED-IN BUFFALO JUMP
- ATHABASCA GLACIER ICE EXPLORER
- RED JAMMER TOURING CAR TOUR

Treasures of Ireland

October 22-30 (9 days)

Discover the Treasures of Ireland on a 9-day trip! Your trip includes a 2-night stay in Dublin visiting touring the city and a whiskey distillery, followed by a 2-night stay in Limerick, visiting the Guinness storehouse, taking a tour of Limerick, and enjoying the Bunratty Castle during a Medieval Banquet. Travel to the spectacular cliffs of Moher, visiting Galway. Travel to Adare, renowned as Ireland's prettiest village. Visit Killarney National Park for a horse-drawn jaunting Car ending in the Muckross House and Gardens enjoy a traditional Irish dinner and overnight in Killarney. Travel along the Ring on Kerry one of the most beautiful coastal routes in the world, and travel to Killkenny and take in the sites of this historic medieval town before spending the night in a castle. End your trip at a farewell dinner with your fellow travelers. Or extend your adventure with an optional 2-night Belfast extension (must be booked at time of deposit). View the full trip itinerary at manhattanparks.org.

Your trip includes: round trip airfare, 7 nights accommodations, sightseeing per itinerary, admissions per itinerary, 7 breakfasts & 5 dinners, hotel transfers, tour director, motor coach transportation, and baggage handling at hotels. Optional Travel Protection Plan is available for \$399. A deposit of \$600 is required at the time of registration. The remaining balance will be invoiced and paid to Premier World Discovery travel company. All adult trips are run by Premier World Discovery travel company. All trips depart from Midway Airport. Transportation to the airport is not provided. Trip deposits are due 6 months in advance. \$100 discount if full payment is received before the final due date.

Class#	Dates	Fee
408501-01	10/22-10/30	\$3999

TRIP HIGHLIGHTS:

- 2 NIGHTS IN DUBLIN
- 2 NIGHTS IN LIMERICK
- 2 NIGHTS IN KILLARNEY
- 1 NIGHT IN A CASTLE HOTEL
- CITY TOURS
- WHISKEY DISTILLERY TOUR
- GUINNESS STOREHOUSE
- BUNRATTY CASTLE MEDIEVAL BANQUET
- RING OF KERRY
- CLIFFS OF MOHER
- JAUNTING CAR TOUR
- MUCKROSS HOUSE & GARDENS
- CHRISTCHURCH CATHEDRAL





Lincolnway
SPECIAL RECREATION
ASSOCIATION

BUILDING A COMMUNITY WITHOUT LIMITS

About Us

Since 1976, the Lincolnway Special Recreation Association (LWSRA) has provided recreation services for individuals with disabilities through a cooperative agreement with its seven member park districts: Frankfort, Frankfort Square, Manhattan, Mokena, New Lenox, Peotone and Wilmington Island Park Districts. Participants enjoy active, healthy and more independent lifestyles through a variety of recreational and social opportunities.

Benefits of Recreation

- ✓ Discover new experiences & interests
- ✓ Build confidence & friendships
- ✓ Socialize in an inclusive setting



Our services



Social Programs

Engage with similar-aged peers in a structured but fun-filled social environment. Staff create opportunities to develop skills and try new experiences. Popular programs include dances, bingo, trivia, community trips, adult day program, summer camps and Saturday youth groups.



Interest-based Programs

Find programs centered around fitness or cultural arts. Try competitive Special Olympics and adapted sports or fitness outlets such as strength & conditioning and introductory sports skills. Enjoy creative arts through cooking, drawing & painting, dancing and more!



Inclusion

Park Districts welcome participation in all programs by individuals with disabilities and special needs. The district works cooperatively with LWSRA to facilitate successful participation for individuals who request an inclusion aide. Inclusion services give participants the needed support in a typical park district setting.

LEARN MORE AT WWW.LWSRA.ORG



(815) 320-3500
support@lwsra.org



1900 Heather Glen Drive
New Lenox, IL 60451

REGISTRATION INFO

REGISTRATION

Registration for Winter 2024 Programs opens on **Monday, December 4**. Registration can be completed online at www.manhattanparks.org, in person at the Hansen Community Center, or by phone at 815.478.3324.

All registrations must be completed **at least 7 days in advance** of the start date of a program, except where noted otherwise in the program description. Those with outstanding balances must settle their account before future registration will be processed.

REFUND POLICY

Refunds will not be issued after the program deadline date (7 days before the start of a program unless otherwise noted). At the discretion of the Park District, a refund may be issued if a refund request is accompanied by documentation from a physician.

A refund will be promptly issued for programs canceled by the Park District. Refunds will not be issued for programs that transition from in-person to virtual due to changing government guidelines.

CANCELATIONS

The Park District does everything in its power to run programs and minimize cancellations. Occasionally a program must be canceled if it does not meet the required minimum number of participants or due to other unforeseen emergencies or circumstances.

In the event of a cancellation, we will contact all registered participants and will attempt to reschedule any canceled program. If the program is unable to be rescheduled, we will offer transfer options or refunds.

DISRUPTIVE BEHAVIOR

The Park District's goal is to provide a positive and safe experience for all participants. The Park District reserves the right to terminate participation in an activity or program due to any disruptive behavior or conduct, disregard for safety, or refusal to follow program rules, by any participant or parent/guardian of the participant.

THREE WAYS TO REGISTER



Online at
manhattanparks.org



Via Phone at
815.478.3324



In person at the
Hansen Community Center
(397 S State St)



STARTING JANUARY 2024!

Manhattan has a new co-ed instructional youth basketball league for 1st-6th grade! Players will begin with instruction and scrimmages, and move into 3v3 game play.

All players will receive a shirt and medal. Volunteer coaches needed! Register online before December 21.

DEADLINE: DECEMBER 21

VISIT MANHATTANPARKS.ORG OR CALL 815.478.3324 FOR MORE INFO



Round Barn Winter Fest

FRIDAY. DECEMBER 1

5-9 PM FREE!

**SANTA • GRINCH
ELF WORKSHOP**

BEER, WINE, COCOA, & SNACKS
CAMPFIRE • HAYRACK RIDES
DJ GRINCH DANCE PARTY
CANTERBURY CAROLLERS
ANNA MAC & WILSON CREEK CHOIRS



LWSRA SPECIAL NEEDS HOUR 4-5 PM
(REGISTRATION REQUIRED)
SEE DETAILS AT MANHATTANPARKS.ORG

